



# Integrating Mental Health Practice Skill Set

The Integrating Mental Health Practice Skill Set is designed to equip the community service and health sectors with the knowledge and skills to respond to and support clients experiencing mental health challenges.

State ID AE439

## UNITS OF COMPETENCY

### **CHCCCS003**

#### **Increase the safety of individuals at risk of suicide**

This unit describes the skills and knowledge to identify and manage immediate suicide risk and work with the individual to achieve safe outcomes.

### **HLTWHS006**

#### **Manage personal stressors in the work environment**

This unit describes the skills and knowledge required to maintain health and wellbeing by preventing and managing personal stress.

### **CHCCCS019**

#### **Recognise and respond to crisis situations**

This unit describes the skills and knowledge required to recognise situations where people may be in imminent crisis, and then to work collaboratively to minimise any safety concerns and make plans to access required support services.

### **CHCMHS005**

#### **Provide Services to people with co-existing mental health and alcohol and other drug issues**

This unit describes the skills and knowledge required to assess capacity to support people with co-existing mental health and alcohol and other drugs issues and to work collaboratively to provide support and facilitate links to other services.

## FURTHER TRAINING

Students who wish to continue their training pathway, may be interested in:

CHC43315 - Certificate IV in Mental Health

**Cost: This skill set is funded under the WA Government fee free initiative.**